

GFWC-THE WOMAN'S CLUB OF LOUDOUN

CARING  GIVING  VOLUNTEERING

ORGANIZED 1944

SPRING 2015

INCORPORATED 1948



GENERAL FEDERATION OF
WOMEN'S CLUBS



GFWC VIRGINIA



GFWC-VIRGINIA
NORTHERN DISTRICT

A WORD FROM KATHY:

Spring is finally here! Hurrah! Love the new growth -- daffodils, tulips, hyacinths, red bud and dogwood trees -- just to mention a few beautiful plants and trees.

Along with spring came the end of one club year and the start of another. Suzi Smith (GFWC Northern District President) joined us at a lovely luncheon in March at the Loudoun Golf & Country Club for our Annual Business Meeting. Our April Club Institute was held at Holy Trinity Lutheran Church on April 11. We had another great luncheon and group collaboration on activities to promote GFWC and GWFC VA projects (domestic violence and breast health).

Save the date: June 6 for our annual picnic. Details will follow at a later date.

If you haven't sent in your renewal dues (\$40), please be sure to do so. Send your check made out to the WCL to our post office box (listed below).

One more reminder – don't forget our Stop Hunger Now project on May 16. If you can't help pack bags, think of sending a check made out to WCL to our post office box.

CONSERVATION HOSTS GENERAL MEETING WITH MARK STACKS, CHIEF ANIMAL CONTROL OFFICER FOR LOUDOUN COUNTY

The Conservation Committee will host the next General Meeting of The Woman's Club of Loudoun on Saturday, May 2, at 2 PM at Holy Trinity Lutheran Church, 605 W. Market St, Leesburg, VA. Mark Stacks, Chief Animal Control Officer of Loudoun County will speak to our organization at that time.

Mark visits schools and other civic groups to give humane education presentations about animal welfare. He created the department's Junior Animal Control Officer Academy which provides an overview of the Department of Animal services and helps young people explore the field of animal welfare from the perspective of law enforcement and animal care. Mark leads dozens of humane education presentations for school aged children annually, often with his dog Roosevelt by his side.

Following Mark's presentation, members can enjoy some refreshments provided by the Conservation Committee: Jeannie Douglas (Chair), Ruth Dowling, Doris Eversmeyer, Edwina Lake, Mary Grace Lucier

We will also be voting on the 2015/2016 budget – see Page 4.

WHAT HAVE YOU BEEN READING?

From Doris Eversmeyer, Conservation Committee

It's the Spring Cleaning time of year and I recently heard of a book that is inspiring folks to dramatically reduce their volume of clothing, books and other personal possessions. The book is called the 'The Life-Changing Magic of Tidying Up: The Japanese Art of Decluttering and Organizing', and is written by Marie Kondo. Marie's philosophy and method is called the 'KonMari' method.

This book is a fast and amusing read and offers a fresh perspective on 'stuff'. Marie has been passionate about tidying since childhood. She shares her journey and her experience working with many different clients. She encourages us to think of our possessions almost as animate objects, and assess whether they bring us joy and service, or have simply become dormant and are taking up both physical and mental space.

When tidying, she recommends to tackle one type of possession at a time, starting with clothing, and take every single item out of closets and drawers, from all over the house, and make one large pile on the floor or on a bed. This approach ensures that you become aware of the sheer volume that you own, and that you evaluate every single item before putting back. If an item does not bring you joy, then you can thank it for serving you, and put it in a pile to discard or donate. For books, she emphasizes the importance of taking them all off the shelves and looking at each book individually. Using this method, people often choose to give up a substantial percentage of the possessions they have accumulated, eliminating clutter, gaining confidence in decision making, and freeing up space for the mind to relax and allow new opportunities to present.

There's a lot of personal benefit to be gained from de-cluttering, and it's good for the Earth too. Any possession in good, usable condition can be donated to thrift stores run by charities, allowing the dormant object to bring joy and service to a new owner, while helping the charity raise funds and enable reuse of objects rather than sending to a landfill, and having more of the same manufactured. Of course another great option is to save your items for WCL's **Out of Attic Sale** in the fall. Sale days will be September 25th and 26th. Happy Spring Cleaning!



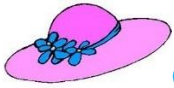
Spring Birthdays:

Mary Grace Lucier 4/4
Patti Luer 4/23
Suzanne Moore 4/25
Peggy Everhart 4/26
Kathryn Chamberlin 5/6
Joann Muncy 5/11
Carolyn Ryman 5/30
Karolyn Whiteley 6/13
Sue Boland 6/30

Membership Opportunity

WCL is always looking for new members. Current members are encouraged to reach out to friends and acquaintances, let them know what we do, share the newsletter and bring guests to an upcoming meeting.





GWFC Northern District Meeting

The GWFC Northern District meeting took place on March 21st in Springfield. Woman's Club of Loudoun was represented by Terry Garvis, Pat Ahrens, Jane Sowards (wearing her mother's 1920's cloche hat), and President Kathy Marsh. Looking good ladies!



In September of this year, the Art Community led by Terry Garvis resumed the Arts and Crafts Contest, and several of the pieces that won blue ribbons in the Loudoun General Meeting were entered in the district-level contest. Following are the winners:

- Mary- 1st place Cross Stitch picture, 1st place cat photo, 2nd place basket
- Millie - 1st place knitted afghan
- Doris - 1st place stitchery
- Terry - 1st place eggery
- Kathy - Honorable Mention crochet bag



The Woman's Club of Loudoun, Inc.
2015-2016 Budget

INCOME

BALANCE ON HAND AS OF APRIL 1, 2015	\$ 5,319.06	
Ways & Means	1,784.94	
Dues (48 Members @ \$40 per member)	1,920.00	
Dues (Proposed 5 new members @ \$40 per member)	200.00	
TOTAL INCOME		\$9,224.00

FIXED EXPENSES

GFWC/VFWC Dues (48 members including 1 life member @ \$20)	\$ 940.00	
No. Va. District Dues (48 members including 1 life member @ \$2)	94.00	
Va. State Corporation Tax (\$25 State Corp. tax, \$75 Mr. Brown, lawyer)	100.00	
Liability Insurance	320.00	
TOTAL FIXED EXPENSES		\$1,454.00

OPERATIONAL EXPENSES

P.O. Box Rental	80.00	
Delegates to Conventions	500.00	
Club Institute Events	50.00	
Hospitality Events	50.00	
Membership Events (including GFWC grant)	100.00	
Annual Business Meeting	50.00	
Six Departments @ \$50 each	300.00	
Postage, Printing, Supplies, Advertising	800.00	
Contingency Fund	500.00	
Ways and Means (seed money)	200.00	
TOTAL OPERATIONAL EXPENSES		\$2,630.00

TOTAL EXPENSES

\$4,084.00

PROJECTS

Monroe Technology Center Student Scholarship	\$ 1,000.00	
Community Improvement Project -- Loudoun Health Network	600.00	
Loudoun Abused Women's Shelter (LAWS)	300.00	
Stop Hunger Now	610.00	
Loudoun Interfaith Relief (assess needs, purchase and deliver if needed)	300.00	
Mobile Hope (assess needs, purchase and deliver if needed)	300.00	
Appalachian Service Project	300.00	
Very Special Arts of Loudoun	100.00	
Claude Moore Park	100.00	
Fleece Blanket Project	100.00	
Sock Money Projects (tablecloths, membership, miscellaneous)	380.00	
HOBY (2 grants @ \$200 ea./high school sophomore leadership seminar)	400.00	
Camp Easter Seal (VFWC Supported)	100.00	
Shot At Life – International	200.00	
Roberts Scholarship	50.00	
State Federation Project (including LBHN)	300.00	
TOTAL PROJECTS		\$5,140.00

TOTAL EXPENSES AND PROJECTS

\$9,224.00

LIVING THE VOLUNTEER SPIRIT!



STOP HUNGER NOW

VOLUNTEERS NEEDED FOR OUR MEAL PACKING EVENT - SATURDAY MORNING, MAY 16

The Stop Hunger Now meal-packaging event is coming up quickly on **Saturday, May 16**, at the **Old Firehouse in Leesburg** on **215 Loudoun Street**. These events are the heart of the work done by Stop Hunger Now, and a great opportunity to work together to learn about and fight world hunger. The Woman's Club of Loudoun, the Junior Woman's Club of Loudoun, and the Ashburn Area Woman's Club are partnering to pack 10,152 meals at the old Firehouse in Leesburg. Some 40-50 volunteers are needed to pack the meals in under 2 hours. On the day of the event there are jobs for those who need to sit, those who need to move around, and those who prefer to stand. In other words **YOU can do this**. Set up begins at 8 AM—volunteers are needed who can help set up tables and chairs, place scales and sealers on tables, move 50-pound bags into appropriate places. Packing begins at 9:30 AM—be there fifteen minutes ahead of this start time. Wear a hat or be prepared to wear one of the hair nets supplied. Invite others to join us.

The Woman's Club of Loudoun and our partners have been working hard to raise the \$2,900 needed for the food and packing materials. A donation of \$1000 was presented and approved at the General Meeting on Saturday, Feb. 7. The Junior Woman's Club of Loudoun has provided \$500, and the Ashburn Area Woman's Club has provided \$300. Two fundraisers were held at Bob Evans Restaurant on February 16 and April 9, with the restaurant contributing 15% of their receipts based on flyers turned in. The fundraisers resulted in \$529. Individual club members are also providing financial donations thus far amounting to approximately \$450.

Thank you to all those who have thus far given time and financial support to this event being successful. Those who indicated that they would pack meals are being inputted on the registration site provided through Stop Hunger Now. You will receive emails after that registration is completed by me—Joann Muncy. If you have not signed up, but will help, let me know or go directly to this web address and register:

<http://events.stophungernow.org/WomensClubLoudoun>



UPCOMING EVENTS:

- General Meeting, Saturday, May 7 at 2 PM
- Stop Hunger Now – Meal Packing, May 16
- Board Meeting, Thursday May 21
- Annual Picnic and International Affairs Meeting, June 6
- Out of Attic Sale - Setup and pricing September 23-24, Sale Days 25-26

ON-GOING PROJECTS:

- Bring in Campbell's Soup Labels and Box Tops for Education.
- Bring in clipped coupons for the Overseas Coupon Program to benefit our military personnel.
- Maintenance of the Red Trail at Claude Moore Park in Sterling – watch your email for the next trail walk

LIVING THE VOLUNTEER SPIRIT!

LEARN MORE ABOUT GFWC VIRGINIA:

Chairs and Members, to access a copy of the Virginia Clubwoman, go to www.gfwcvirginia.org where you will see "Get Involved" on the right side of the page. Enter the following in the appropriate boxes: User ID: gfwcva; PW: unlock1416. Locate the parts that apply to your area and read up on what's happening in Virginia as well as what you should be about doing. Share the news with your committee members. 😊



GFWC-The Woman's Club of Loudoun, Inc.
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